HBUSINESS AND RESIDENTIAL COMMUNITIES.



FEBRUARY 2019

A MONTHLY PUBLICATION
OF THE WHITTIER AREA
CHAMBER OF COMMERCE
VOL. 25 NO. 2

Chamber offers mandated Sexual Harassment Prevention Training for supervisors and employees

By January 1, 2020, employers with at least five employees must provide: (1) at least two hours of sexual harassment prevention training to all supervisory employees; and (2) at least one hour of sexual harassment prevention training to all non-supervisory employees in California. New employees must be trained within six months of assuming their position, and once every two years thereafter.

The Whittier Chamber of Commerce has teamed up with local employer Compliance Training Group (Division of Employers Choice Online, Inc.), to offer mandated sexual harassment prevention training to all Whittier area employers. The training will be offered three different times throughout 2019, with the first training to be held on Thursday, February 27 at Parnell Park. Both the 2-hour training for supervisors and the 1-hour employee training will be offered on each of the three training dates. Other trainings are scheduled for June 26 (offered in both English and Spanish) and October 23.

This on-site training will be conducted by an experienced sexual

Continued on page 4









Chamber brings community together to celebrate the Whittier Police Department Silver Shield Awards Banquet set for February 22

Law enforcement officers are empowered with the awesome responsibility and authority to maintain public order. At the same time, officers have the unique opportunity to engage with citizens, identify and solve problems, and positively affect their communities daily. The Whittier Police Department responds to thousands of calls for service each year. Our officers and civilian personnel all play an important role in defining the quality of life in Whittier and, as a community, we couldn't be more grateful for their service.

The past few years have been a tumultuous period for law enforcement and communities throughout the nation. Our own police department experienced tragedy first hand a few years ago and, in its wake, our community came together without hesitation to show support for the men and women of the Whittier Police Department. Thousands of businesses and residents participated in the *Whittier Strong* campaign by wearing buttons of support, visiting our beautiful police memorial, sharing

condolences and demanding change in legislation. While other communities are now understanding the importance of rallying behind their police, sheriffs and first responders, we are proud to say the Whittier community has ALWAYS stood with our police department and never wavered in our appreciation for their dedication to protect and serve the people of Whittier and Santa Fe Springs.

This year marks the 21st Anniversary of the Silver Shield Awards Banquet & Appreciation Dinner. "It is our honor to organize this very important community event which salutes the officers, civilian employees and volunteers of the Whittier Police Department," stated Silver Shield chair Laurie Perschbacher. "On this very special night, attendees get a small glimpse into the lives and sacrifices of the men and women who protect us daily," she continued. At the event, stories are told, those who went above and beyond the call of duty are honored, retirees are recognized and the connection between community and law enforcement is strengthened.

There are a variety of ways residents

and businesses can show their sense of pride and partner with the Whittier Chamber to celebrate our Whittier Police Department officers, staff and volunteers. For only \$100 you can sponsor an officer to attend the Silver Shield event. "We have renamed this donation level the 906 Friend Sponsor because 906 is police code for "backup and support" and that is what we are asking the community to do," explained Carol Crosby, Chamber Executive Director. Residents and businesses can also purchase a tribute advertisement in the printed program for as little as \$180.

The event is taking place on Friday, February 22 at the Pacific Palms Conference Resort in the City of Industry. Tickets to attend the dinner and awards banquet are \$100 per person. If you, or a business or organization you know, is interested in getting involved this year, please contact the Whittier Chamber at (562) 698-9554 or info@whittierchamber. com. For your convenience, you can view sponsorship and advertising options, RSVP, and make payments online at whittierchamber.com.

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Whittier Chamber Business Focus Official monthly publication of the Whittier Area Chamber of Commerce

This publication is mailed monthly to all licensed businesses in the city of Whittier, all Whittier Chamber members and 4,500 Whittier residents in selected areas. Papers are also distributed via various community locations such as Whittier Library, Community Center, Senior Center, City Hall, etc. Total monthly readership is 20,000.

We welcome comments, press releases and community interest stories. All submissions are due by the 10th of the month prior to publication. The Whittier Chamber reserves the right to approve and edit submitted material.

The Business Focus is also an excellent vehicle within which to advertise! For current advertising rates or to submit an article, email info@whittierchamber.com or call (562) 698-9554.

The inclusion of advertising, logos or paid advertorial, or reference to any products, process, service, trade name, trademark, or manufacturer in this publication, is not an endorsement by the Whittier Area Chamber of Commerce.

Whittier Area Chamber of Commerce 8158 Painter Avenue, Whittier, CA 90602 (562) 698-9554 • (562) 693-2700 FAX www.whittierchamber.com info@whittierchamber.com

PRESIDENT'S MESSAGE

is here, I hope everyone is keeping up with those New Year's resolutions by participating in the many networking opportunities the Chamber has to offer. "Join the Team in 2019" at one of our events such as Wake Up Whittier or Tasty Tuesday coming up this month!

In the spirit of February, the month of love, help us show our appreciation for our everyday heroes. The 21st Annual Silver Shield Awards Banquet will be held on Friday, February 22 at the Pacific Palms Conference Center in the City of Industry. Call (562) 698-9554 to purchase This year keep the support going by

January has passed, and February a ticket or sponsor a police officer for only \$100 and help us honor the brave men and women who keep Whittier a safe and thriving community!

> I would also like to thank everyone who was involved in the success of this year's Sweet Success Business Expo. There's nothing better than starting off the New Year with a networking event for all to enjoy. Whether you purchased a booth/ table, sponsored or attended the event as a guest, it was great to see so many of our members support each other!

Now, let's talk about Valentine's Day!



Traveler

Martinez, President of the Board

shopping for your "special someone" right here in Whittier at one of our many Chamber member businesses. Having some trouble finding the right gift or the right restaurant? Check out the ad on page 3 for a directory of members who can help and don't forget to visit ExploreWhittier.com and WhittierChamber.com for new members listed every day. This Valentine's Day think outside the heart-shaped box and shop local!



 $\overline{\mathbf{H}^{\mathbf{g}}\mathbf{P}}$ Harvey & Parmelee LLP

Richard Scrivanich

If you are a volunteer worker for a charity, you should be aware that your generosity may entitle you to some tax breaks.

Although no tax deduction is allowed for the value of services you perform for a charitable organization, some deductions are permitted for out-of-pocket costs you incur while performing the services (subject to the deduction limit that generally applies to charitable contributions). This includes items such as:

- Away-from-home travel expenses while performing services for a charity (out-of-pocket round-trip travel cost, taxi fares and other costs of transportation between the airport or station and hotel, plus lodging and meals). However, these expenses aren't deductible if there's a significant element of personal pleasure associated with the travel, or if your services for a charity involve lobbying activities.
- The cost of entertaining others on behalf of a charity, such as wining and dining a potential large contributor (but the cost of your you got anything in return for your own entertainment or meal is not contribution. This presents a problem

S TAX TIPS

Tax breaks to those who do volunteer work for charity

deductible).

- performing services for a charitable organization you may deduct your actual unreimbursed expenses directly attributable to the services, such as gas and oil costs. Alternatively, you may deduct a flat 14¢ per mile for charitable use of your car. In either event, you may also deduct parking fees and tolls.
- You can deduct the cost of a uniform you wear when you do volunteer work for the charity, as long as the uniform has no general utility (e.g., a volunteer ambulance worker's jumpsuit). You can also deduct the cost of cleaning the uniform.

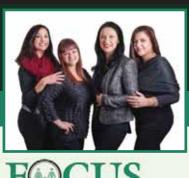
No charitable deduction allowed for a contribution of \$250 or more unless you substantiate the contribution by a written acknowledgment from the charitable organization. The acknowledgment generally must include the amount of cash, a description of any property contributed, and whether

where you as a volunteer make If you use your car while a contribution on behalf of rather than directly to a charity. One way around this is for the charity to pay for the expenses, itself, and then be reimbursed by you (or you can make the donation before the expense is incurred). If this isn't possible, you can safeguard your deductions as follows:

- Get written documentation from the charity about the nature of your volunteering activity and the need for related expenses to be paid. For example, if you travel out of town as a volunteer, get a letter from the charity explaining why you're needed at the out-of-town location.
- If you are out-of-pocket for substantial amounts, you should submit a statement of expenses and, preferably, a copy of the receipts, to the charity, and arrange for the charity to acknowledge in writing the amount of the contribution.
- should maintain detailed records of your out-of-pocket expenses—receipts plus a written record of the time, place, amount, and charitable purpose of the expense.

If you have any questions regarding the above discussed topic or any other tax matter, please feel free to give me a call at (562) 698-9891.

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Looking to treat your loved ones this

It's almost Valentine's Day again – that time of year when you let your loved one (maybe yourself!) know just how much they mean. Whether your loved one is someone else or yourself, we've compiled some of our favorite ideas and places for celebrating this special day. From dance lessons to spa day to a dinner out on the town or even a trip away for the weekend, the Whittier Chamber has great businesses that can help make your Valentine's Day super special! For a visual listing of great things to do in Whittier, visit explorewhittier.com.



Valentine's Must-Haves

FLOWERS, BALLOONS, GIFTS, SPAS, SWEETS, & JEWELRY

A Special Event – (562) 695-9570 Aura's World - (562) 698-4500 Coby Madison Jewelers - (562) 947-6234 Edible Arrangements – (562) 943-8151 Fejjab Spa - (562) 351-6430 Heavenly Choice - (323) 346-8575

Laura's Loaves & Goodies, Inc. - (562) 697-6117 M & M Sports Massage - (562) 693-6770

Oasis Jewelry - (562) 908-1113 Pacific Palms Resort - (626) 810-4455

Picasso Medical Aesthetics & Spa – (562) 945-1830

Salon Cheval - (562) 696-7979

Shannon G's Flowers, Party Planning, Gifts, & More – (562) 789-5808

Skin Perfect Medical – (562) 464-5777 Skin Room, The - (562) 536-1142

EAT

Alondra's Hot Wings – (562) 236-5300 Auntie's Restaurant - (562) 464-1959

Bee Hive Market & Deli, The - (562) 945-9002

Bizarra Capital - (562) 945-2426 Brickhouse Pizza - (562) 693-9523 Buffalo Wild Wings - (562) 943-2813

California Grill - (562) 907-7017

Candlewood Country Club - (562) 941-1228 x226

Catering by Herach & Ara - (323) 728-0573

Chick-fil-A – (562) 902-1550

Clearman's Steak n Stein Inn - (562) 699-8823 Colonia Publica - (562) 693-2621

Commoner, The - (562) 464-1761 Corner Bakery Café – (562) 693-7755

Costco Wholesale – (562) 524-0002 Crepes & Grapes Café – (562) 696-3255

Crooked Gaff Kitchen & Oyster Bar – (562) 698-0078 Dakara Sushi - (562) 698-0707

DoubleTree by Hilton - Whittier - (562) 945-8511

Dunkin Donuts - (562) 693-5281 Edible Arrangements - (562) 943-8151

Friendly Hills Country Club - (562) 698-0331

Grub Burger Bar - (562) 781-7878

Havana House Cigars & Lounge - (562) 698-2245

Holiday Inn La Mirada - (714) 739-8500 Juan Great Fiesta – (562) 945-1785

Juan's Rotisserie Chicken - (562) 944-0418

La Casa Del Cocinero – (562) 295-6678

La Casita Olvera - (562) 947-3683

La Pescadora - (562) 698-4144

Lascari's Italian Deli – (562) 943-1113

Laura's Loaves & Goodies, Inc. - (562) 697-6117

McDonald's – (562) 693-3590

Mi Burrito Mexican Grill – (562) 905-6023

Mimi's Café - (562) 947-0339

Mix Fruit - (562) 464-5755

N2 Nitrogen Ice Cream - (562) 693-8887

Nekter Juice Bar - (562) 315-5945

Nixon Steakhouse - (562) 698-3355

Norms Restaurants – (562) 907-2760

Off the Hook Fish Grill – Hadley St. – (562) 696-6191
Off the Hook Fish Grill – Whittier Blvd. – (562) 632-1497
Orchard's BBQ & Grill – (562) 902-1825

Original Roadhouse Grill - (562) 945-7796

Pacific Palms Resort - (626) 810-4455

Pizza 21 - (562) 801-3689

Pizza Press, The – La Habra – (562) 905-6060

Pizza Press, The – Whittier – (562) 266-3113

Quad at Whittier, The - (562) 693-5543 x1210

Ravello Bar & Grill - (562) 945-8723 Rick's Drive In & Out - (562) 698-4464

Rockies Frozen Yogurt - (562) 698-7679

Shakey's Pizza Restaurant - (562) 692-4043

Silver Palace – (562) 947-4043 Steve's BBQ – (562) 789-0200

Swiss Park Banquet Center - (562) 699-1525

Tacos Baja – East Whittier – (562) 943-6163

Tacos Baja – South Whittier – (562) 945-8121 Tepeyac & Tequila Sports Bar - (562) 695-2277

Tres Chiles BBQ – (562) 968-9447

Turnbull's Tavern – (562) 693-7773

Veracruz Restaurant – (562) 693-3274

Whittier Marketplace, The - (949) 851-1224 Whittwood Town Center – (949) 252-3873

Wowo's Smokin' Hot BBQ & Catering - (562) 273-5473

Zen's Tea House - (888) 866-4299

SHOP Arnie's Dollar Plus – (562) 842-3028

Aura's World - (562) 698-4500

Beauty Lush Salon & Spa – (562) 665-9176

Bee Hive Market & Deli, The - (562) 945-9002

Bridge of Faith – (562) 322-5265

Bright Plaza Pharmacy & Home Medical Equipment – (562) 943-2813

Costco Wholesale – (562) 524-0002

Edible Arrangements - (562) 943-8151

Epic Auto - (844) 437-4228

Flag Shop, The – (562) 945-3377

Friends of the Whittier Library Bookstore – (562) 696-4498 Gon'z Decorations, Inc. - (562) 698-4669

Green Pear Organics - (562) 360-2571

Grocery Outlet - (562) 464-0466

Havana House Cigars & Lounge - (562) 698-2245

Inline Electronics – (562) 632-1157

James Hardware Company – (562) 691-1711

Ken Grody Ford – (714) 521-3110

Liquor Mart - (562) 693-7731

Marsdens Comfort Shoes & Pedorthic Foot Care - (562) 698-7281

Mary Kay - (714) 394-0593

Michaels Furniture - (562) 696-2999

Milestone Truck Sales, Inc. – (562) 341-6608 Oasis Jewelry – (562) 908-1113

Ocean Honda of Whittier - (562) 280-2838

Oceanic Arts - (562) 698-6960

Orchard's BBQ & Grill – (562) 902-1825

Oromill Lumber and Hardware - (562) 698-9453

Quad at Whittier, The - (562) 693-5543 x1210

Rasmussen Gas Logs & Grills - (562) 696-8718 Sargent's Sporting Goods – (562) 696-2120

Sears - (562) 902-2000

Shannon G's Flowers, Party Planning, Gifts & More – (562) 789-5808

Shelter's Right Hand-Auxiliary to the Women's & Children's Crisis Shelter -(562) 696-6382

Sofital Signs - (562) 335-1316

Stater Bros. Markets - Mulberry Dr. - (562) 941-7711

Stater Bros. Markets – Whittier Blvd. – (562) 696-3212

Super Market La Venadita - (562) 693-8989

T-Mobile - (562) 693-7565

Toyota of Whittier – (562) 698-2591

Whittier Drugs & Medical Supply – (562) 789-5852

Whittier Marketplace, The – (949) 851-1244

Whittwood Town Center – (949) 252-3873 Zen's Tea House - (888) 866-4299

Days Inn-Whittier – (562) 944-4760

DoubleTree by Hilton-Whittier – (562) 945-8511

Friendly Hills Inn - (562) 698-6731

Holiday Inn - (714) 739-8500

Lambert Inn - (562) 693-1099 Pacific Palms Resort - (626) 810-4455

Vagabond Inn Whittier - (562) 698-9701

PLAY

Automobile Club of Southern California – (562) 698-3721

Beauty Lush Salon and Spa - (562) 665-9176

Candlewood Country Club – (562) 941-1228 x226

Children's Museum at La Habra – (562) 905-9693

Chorale Bel Canto - (888) 460-9222 Dream Event DJs - (714) 749-8828

Fejjab Spa – (562) 351-6430

Friendly Hills Country Club - (562) 698-0331

Havana House Cigars & Lounge – (562) 698-2245

Icon Volleyball Club - (562) 631-0130

L.A. Dance Connection - (562) 693-9202

M & M Sports Massage - (562) 693-6670 Pacific Palms Resort - (626) 810-4455

Picasso Medical Aesthetics & Spa – (562) 945-1830

Ravello Bar & Grill - (562) 945-8723

Ritz Gardens Banquets, LLC – (562) 902-8755

RMH Entertainment - (562) 693-9911

Salon Cheval - (562) 696-7979

Secure Transportation Company – (800) 997-1952

Skin Perfect Medical – (562) 464-5777 Skin Room, The – (562) 536-1142

Southern California University Health System – (562) 943-7125

Steve's BBQ - (562) 789-0200

Traveling Traveler, The – (562) 907-7938

Turnbull's Tavern – (562) 693-7773

We Rock the Spectrum Whittier: Kids Indoor Play Gym – (562) 315-5418

Whittier Art Association & Gallery – (562) 698-8710 Whittier College – (562) 907-5043

Whittier Community Theatre – (562) 696-0600

Whittier Museum/Whittier Historical Society – (562) 945-3871 x102 Whittier Pony Baseball – (562) 322-3011

Whittier Regional Symphony - (562) 698-8626 Whittier Village Stadium Cinemas – (562) 945-5271

YMCA of Greater Whittier – (562) 907-6530

for a complete, updated list

 for a visual directory of places to treat your loved ones

for places to Eat, Shop, Stay, and Play!



Thank you to the Whittier Chamber

for hosting yet another successful

Business Expo last month at the Whittier

Community Center. Cheers to those

of you who made it out and enjoyed

some good old-fashioned networking.

It's a testament to the Chamber to see

such a strong, proactive and engaged

business community. I hope you enjoyed

kicking off the New Year, enjoying food

from some of our best local restaurants

and getting to know many of your fellow

Friendly City award from the Los

Angeles County Economic Development

Corporation, our City of Whittier staff is

energized and committed to bringing

that same energy and assistance

into 2019. Working with our local

partners and leveraging our collective

resources, allows us to help anyone

from the emerging entrepreneur to

the corporate institution. The City's

Economic Development homepage

links directly to a shared County-wide

site selection portal, which utilizes

up-to-date real estate information and

various filters, including zoning, square

footage, demographics, consumer data

and other criteria, to identify locations

best suited for businesses looking to

come to town or relocate. The "Guide

to Doing Business in Whittier", plus a

staff personally dedicated to assisting

businesses with all of their permitting

and development needs, round out the

ways in which we dedicate resources to

helping our businesses grow and thrive.

approach has led the City to receive, for

the seventh year in a row, the Operating

Budget Excellence Award for our fiscal

year 2018-2019 from the California

Society of Municipal Finance Officers. As

you know, we are a no/low property tax

city (meaning we have a lower portion

of property taxes you pay coming to our

city in comparison to most cities), and

The City's outcomes-based budgeting

Coming off our 2018 Most Business-

Whittier businesses, big and small!









MAYOR'S MESSAGE

responsiveness you have come to expect from Whittier. The City Council will kick off the next year's budget planning process at our February 12 meeting, when we will explore opportunities to leverage community resources, know-how and commitment to ensure our businesses continue thriving and our residential neighborhoods are safe and prosperous in every economic cycle. However, we have some major fiscal challenges on the near horizon. Visit www.cityofwhittier. org to find out more about our Council meetings and to learn more about growing your business in 2019.

The City of Whittier is also excited to begin offering to our residents cleaner, renewable energy through the Clean Power Alliance starting this month! Customers should have received an automatic pre-enrollment notice indicating that you will begin receiving the Clean Power rate, which is the 50% renewable energy generation the City selected. Once enrolled, customers can upgrade to the 100% Green Power level, select the 36% Lean Power level or opt out entirely. With Clean Power Alliance, you will continue to receive the same delivery system, billing and support for your home or business that you've always known from Southern California Edison (SCE), and SCE will continue to deliver power to your home or business, send one bill and be responsible for resolving any issues with your electricity service. Clean Power Alliance service for nonresidential customers (i.e. commercial, municipal, industrial and agricultural) will begin in May 2019. Starting in March, these customers will begin receiving notices in the mail letting them know about their new energy supply choices with Clean Power Alliance. Visit www.cleanpoweralliance.org for a list of frequently asked questions, a bill comparison tool and more information on how Whittier is supporting building a greener, more sustainable future for

plans, have you downloaded the new ShakeAlertLA app for your phone yet? This early warning system could make all the difference during an emergency by offering a head start notice that an earthquake is about to take place. It also provides tips and information on preparing for the next quake. Through this new technology, you will be able to receive an alert advising you to seek shelter and prepare for the shaking, which may be just enough time to take safety precautions for yourself or members of your family. The app is available for both iPhone and Android devices. Learn more at www.shakealert.org.

Figuratively shaking things up in town, development has picked up and you'll continue to see more projects taking shape over the next few months. We are excited to see The Groves in Whittier at the former Fred C. Nelles site transform and begin construction in 2019. Once completed, the new lifestyle center will be anchored by prominent retailers and top notch restaurants offering new shopping choices and gathering spaces for residents and visitors. Uptown Whittier is also bustling and we hope to see new restaurants at the Nixon building, the former Amber Blu site and the former Forkin Good location in the coming months offering communal dining, ethnic cuisine and upscale vegetarian and vegan options.

Finally, please save the date for the annual Silver Shield Awards Banquet on Friday, February 22, at the Pacific Palms Resort honoring the brave men and women of the Whittier Police Department. The event is a great way for Whittier residents and businesses to show our gratitude to local law enforcement and support for their continued service, either by attending the dinner or sponsoring an officer. I look forward to seeing our community come together for this very special evening to recognize our dedicated officers.

Remember to SHOP WHITTIER and share some love with your fellow local Sexual Harassment Prevention Training -Continued from front page



harassment instructor and investigator who will provide an overview of the prohibitions against harassment, discrimination, and retaliation under state and federal law. The training will include:

- · Examples of what constitutes unlawful harassment, discrimination, and retaliation in the workplace
- Remedies and solutions available to employees
- Real-life hypothetical and practical information
- Interactive question-andanswer session

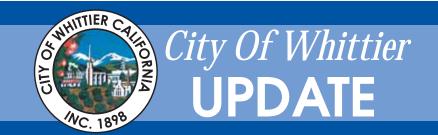
Cost for the 2-hour supervisor training is \$50 for Chamber members; \$65 for nonmembers. Also included in the supervisor training is a session on background screening best practices. Cost for the 1-hour employee training is \$30 for Chamber members; \$45 for nonmembers. All trainings will follow the same time schedule with supervisor training from 8-10 a.m., background screening best practices from 10 - 10:30 a.m. and employee training from 11 a.m. - 12 p.m. All attendees will receive a certificate of completion at the end of the training session. While other options are available for this required training, this live and interactive training by experts offers the best way to educate your employees. Visit www.whittierchamber.com to register you and your employees today.

There will be a limited number of seats available at each training session, so reserve your seats early at www.whittierchamber.com. If you have a large group of employees that need to be trained, contact the Chamber office at (562) 698-9554 for information on live webinars or on-site



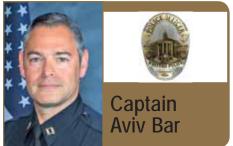












Getting Pulled Over

Officers make traffic stops for various reasons, the most common reason is for traffic violations, but we also make traffic stops relating to criminal investigations, calls about suspicious activity, stolen cars, and cars that show warrants when we run the license plate - just a few examples.

A traffic stop is one of the most dangerous activities an officer does during a workday. Rarely does a month go by without some video online of a traffic stop where the driver shot at or assaulted the police officer. When an officer pulls a car over for a violation, they have no idea who the driver or passengers are... it's a BIG unknown that can end up being a mom on the way to pick up a kid from baseball practice or a wanted armed convicted felon, determined not to return to prison.

This "unknown" keeps every officer at a very high state of readiness as they approach a vehicle after pulling it over. As you look in your mirrors, you may see the officer observe your car for a bit, they may have their hand on their weapon as they walk up, they may place their hand on your trunk, and they may stop to look at the back seat and inside your car for a bit before they walk up to your window. Some of these actions may appear to be "stand-offish" but they are simply safety and readiness procedures officers follow to make sure they are safe and ready in case a violent confrontation takes place. We say in our profession that we

always "hope for the best, but prepare for the worst".

We expect our officers to be courteous and professional, and to provide the reason for the stop when they talk to the driver. Because hands can hold or reach for weapons, officers will expect to see your hands when they interact with you - best practice is to keep your hands on the steering wheel. The officer may actually ask you "can you keep your hands where I can see them please?" - Nothing personal here and not implying that you are a bad person... but hands are a huge safety concern for officers during a traffic stop. You will be asked to provide a driver's license, registration, and proof of insurance. Because your hands will be heading into glove boxes, wallets and purses, let the officer know where things are located.

If a driver is issued a citation, a signature is not an admission of guilt - just a promise to appear in court. Any argument or disagreement about the violations will need to take place in court. It doesn't happen often, but refusing to sign a citation means that we have to take the driver into custody and bring them to court.

Traffic stops are stressful experiences for drivers and officers alike... common courtesy and safety considerations will help reduce tension and anxiety for everyone involved.

Aviv Bar is a Captain with the Whittier Police Department and oversees the Patrol Division. He can be reached at (562) 567-9253 or via email at abar@cityofwhittier.org

COMMUNITY CELEBRATIONS





WHAT'S COOL IN YOUR SCHOOL

Rio Hondo College receives \$664,000 federal childcare grant to boost college attendance by parents

Rio Hondo College will receive \$664,220 in federal grant dollars over the next four years to remove financial barriers to childcare that can prevent students with children from attending college.

The Child Care Access Means Parents in School (CCAMPIS) grant will provide the College with \$166,055 annually to subsidize up to 75 percent of the cost of childcare for parents who are Pell Grant recipients or Pell Grant eligible.

When added to state funds received by Rio Hondo College for its on-campus Child Development Center (CDC), the grant provides the opportunity to eliminate costs for childcare for parents in need. The federal dollars will be provided on a sliding scale, depending on family need.

"Rio Hondo College is deeply committed to providing the promise of a higher education to all members of a community as a pathway to a more fulfilled life," Superintendent/President Teresa Dreyfuss said. "Childcare costs are a significant barrier to achieving that dream."

CDC Director Shireetha Gethers, Ed.D., said the College is committed to serving as many parents as possible. Already this year, the CDC expanded its service to 2-year-old children. The service means parents no longer need to wait to potty train their children before taking advantage of the College's stellar facilities.

With a capacity to serve 105 children, the CDC currently has openings available in classrooms serving all ages.

"Rio Hondo College's CDC offers a range of preschool and transitional services to children from ages 2 to 5," Gethers said. "This grant will expand our ability to provide parents with not only the convenience of childcare on campus, but top-level services to ensure their children get the best possible start on their own educational paths."

The grant will fund a new administrative position to manage CCAMPIS programs, which include a slate of parenting classes and regular visits with a counselor for parents.

The CDC – which provides care from 7:30 a.m. to 5 p.m. Mondays through Friday in coordination with the College's academic schedule – is also applying for accreditation by National Association for the Education of Young Children (NAEYC). The accreditation, which will take more than a year to complete, is a voluntary step that will signify the high-quality early-learning services Rio Hondo College's CDC offers.



YOU'RE INVITED...

Meet N' Greet Open House

New Member Orientation



Whether you're a new member, a new representative of a current member, or someone who is thinking about joining the Whittier Chamber, this FREE event is for you!

WEDNESDAY, FEBRUARY 13, 2019 9:30 A.M. TO 11 A.M. WHITTIER CHAMBER OFFICE

(8158 Painter Ave.)

- Learn what's in it for YOU
- Discover how to maximize your Chamber benefits
- for business
- Meet other new members, the Chamber staff, Board of Directors, Ambassadors, and volunteers
- Find out what the Chamber does Explore how to market your business through the Chamber!

We'd LOVE to know if you're coming! Please RSVP by February 11 to courtney@whittierchamber.com or call (562) 698-9554.







Catering By Herach and Ara: Serving the community for 35 years

For 35 years Catering by Herach and Ara has been putting the SPECIAL in special events throughout Southern California. When asked about their longevity and long-term success as a premiere caterer, owner Ara Balayan humbly replied, "We are successful because of our great and committed staff; the quality of our products (we don't take short cuts), fair and reasonable pricing and most importantly... our consistency. We are honored to have a long list of returning customers, some of whom we have had the pleasure of working with for over 20 years on corporate and private events. We will continue to serve them as long as they need us." In addition, Catering by Herach and Ara has been fortunate to have some long term and loyal employees like executive chef, Juan Tafoya (22 years) and Kenya Delgado; Jose Haro; Francisco Galiana; Maricela Varela and Martin Hernadez who have been part of the team for over 10 years.

The creative chefs from Catering by Herach and Ara have tantalized many guests with their original recipes and continental menus includes Italian, Mexican, Chinese, Mediterranean and Japanese cuisine. Some of Ara's most memorable catering events include serving the royal family of Saudi Arabia for ten days in 1989 during the Gulf War, receiving film credits on movies starring Ned Beatty, Heather Locklear and the Carradine brothers, the joy of countless wedding and corporate events...and the challenge of trying to serve 1,000 in under one hour!

Catering by Herach and Ara has always given back to the community. "My philosophy has been that business, small or large, is always a two-way street. As a business owner I feel I have a responsibility to give back to the community so we all may prosper. If it turns in to a 'take all - keep all' mentality no business will have the support of the community," explained Balayan. Catering by Herach and Ara has proudly supported the Boys & Girls Clubs of Whittier, local YMCAs, the Arthritis Foundation, March of Dimes, ALS, the Whittier Area Chamber of Commerce and other non-profit organizations over the years. "I feel we have been

blessed to have the support of the local community and that has helped make our business thrive and succeed. For this, I am very thankful," concluded Balayan.

Catering by Herach and Ara was established in 1984. They are a full-service catering company that offers complete event planning, staffing and coordination of rentals and equipment. Themed parties, props and support equipment are available to help make your event as unique and memorable as possible. Catering by Herach and Ara is fully licensed, insured and experienced. They offer basic drop-off service, "family" style and full formal silver service with professional uniformed attendants. It is their pleasure to make sure your event is planned and orchestrated successfully.



W Т F S S W S M M FEB 1 2 3 5 7 9 17 18 19 20 15 16

February 1, 8, 15 & 22

Certified Farmer's Market @ Uptown Whittier (Philadelphia St. and Bright Ave.) 8 a.m. to 1 p.m. Purchase farm-fresh produce from local vendors. Free admission. For more information call (562) 696-2662.

Live Jazz Night @ Crepes & Grapes Café (6560 Greenleaf Ave.) 7 to 9 p.m. Live Jazz featuring Edmund Velasco and Mark Massey with ½ off select bottles of wine. No cover charge. For more information, visit www.crepesandgrapescafe.com/events

FEB 2

Coffee with Congresswoman Linda Sanchez @ La Monarca Bakery (6001 Rosemead Blvd.) 9:30 to 11 a.m. Please join Congresswoman Linda Sanchez to meet and have an intimate discussion on issues that are important to you. Free to attend. RSVP to www. eventbrite.com/e/coffee-with-the-congresswomantickets-54891026538

Quartermania @ Whittier High School Cafeteria (12417 E. Philadelphia St.) 10:30 a.m. to 1 p.m. Bring quarters for bidding and dollars for shopping opportunities, shared-pot & merchandise drawings, live & silent auctions. \$15 per person. For more information, call (562) 698-8121 x2010

FoxTale Entertainment presents Queen Nation @ Whittier Center Theatre (7630 Washington Ave.) 7 to 9 p.m. Come and watch the world's longest running and most popular Queen tribute band. General seating \$25; premium seating \$28. Purchase tickets at queentributewhittier.brownpapertickets.com

Stan Ridgway "Songs and Stories" @ Ruth B. Shannon Center for the Performing Arts at Whittier College (6760 Painter Ave.) 7:30 to 10 p.m. Stan Ridgway returns to the Shannon Center, with Pietra Wexstun (vocals, keyboards), Joe Berardi (drums & percussion) and special guest Petra Haden. \$30 per person. To purchase tickets, visit www.shannoncenter.org

FEB 3

Whittier Regional Symphony presents Fame and Fortune @ Vic Lopez Auditorium at Whittier High School (12417 E. Philadelphia St.) 3 to 5 p.m. Great composers who found praise as "outsiders" and YAC winner Violinist Aubree Oliverson. Admission is free, donations are accepted. For more information, call (562) 698-8626

FEB 7

Youth of the Year @ Ruth B. Shannon Center for the Performing Arts (6760 Painter Ave.) 6 to 9 p.m. Celebrate youth who have overcome enormous odds and demonstrated exceptional character and accomplishments. \$25/person. Purchase tickets by calling (562) 945-787 x114

FEB 8

Free Record-Clearing Assistance Clinic @ Rio Hondo College Board Room (3600 Workman Mill Road) 10 a.m. to 1 p.m. If your criminal record is a barrier to opportunities, attend this free clinic to consider your options and meet with attorney's and paralegals. Free parking in student lots. To schedule an appointment, call (562) 463-7066 or (562) 463-3133

SI Whittier Dreamliner - Aloha! Cruise @ Doubletree by Hilton Hotel in Whittier (7320 Greenleaf Ave.) 5:30 to 9 p.m. Soroptimist International of Whittier is hosting their annual fundraiser, "SI Whittier Dreamliner - Aloha Cruise" and is inviting the community. \$80 per person. For more information, visit info@siwhittier.org

FEB 9

Charles Phoenix - Addicted to Americana @ Ruth B. Shannon Center for the Performing Arts @ Whittier College (6760 Painter Ave.) Charles Phoenix is known for his live comedy slide show performances, madcap Test Kitchen videos, "field trip" tours, and colorful coffee table books, all celebrating classic and kitschy American life and style. General \$30; Student & Child \$10. Tickets available for purchase at www. shannoncenter.org

FEB 12

SCORE Consultations @ The Whittier Chamber Office (8158 Painter Ave.) 9 a.m. to 12 p.m. SCORE mentors will help you and your business open new markets, reach new customers, and achieve new goals. By appointment only. FREE. To make an appointment call (626) 593-1120

FEB 13

New Member Orientation and Open House @ The Whittier Chamber Office (8158 Painter Ave.) 9:30 to 11 a.m. All new and prospective members are welcome to come and learn all about the chamber and how to use your membership. FREE. For more information call the Chamber (562) 698-9554

Black Lives Matter Founding Member Dr. Melina Abdullah @ Rio Hondo College Wray Theater (3600 Workman Mill Road) 7:30 to 8:30 p.m. Listen to Dr. Abdullah examine the interracial alliances and coalitions that have been successful in the past and the prospects for Black-Brown solidarity for the future. Free admission. For more information email reastanedacalleros@riohondo.edu

FEB 17

Felici Piano Trio @ Ruth B. Shannon Center for the Performing Arts @ Whittier College (6760 Painter Ave.) 2 to 4 p.m. The Felici Piano Trio is the musical home of Belgian pianist Steven Vanhauwaert German violinist Rebecca Hang and American cellist Brian Schuldt. General \$25; Seniors \$20; Students & Children \$10. To purchase tickets, visit www.shannoncenter.org

FEB 18

CHAMBER OFFICE CLOSED IN OBSERVANCE OF PRESIDENTS DAY

FEB 20

Wake Up Whittier @ YMCA of Greater Whittier (12510 Hadley St.) 7:30 a.m. to 9:30 a.m. Enjoy your first meal of the day and network with other business professionals. FREE for Whittier Chamber members; \$20 for non-members. Call (562) 698-9554 or visit www.whittierchamber.com for more information.

7

Ribbon Cutting @ Arden Escrow Services, Inc. (14831 Whittier Blvd. Ste 102) 4 p.m. Stay for networking and light refreshments. Free to attend. For more information call (562) 698-9554

FEB 22

2019 Silver Shield Awards Banquet @ Pacific Palms Resort (One Industry Hills Pkwy.) 5:30 p.m. Registration, 6:30 p.m. Dinner. Awards banquet and appreciation dinner honoring the men and women of the Whittier Police Department. Individual tickets \$100. If you would like to become a sponsor or have questions, please contact the Chamber at (562) 698-9554

East Whittier Lions Wine Tasting Charity Event @ Whittwood Branch Library (10537 Santa Gertrudes Ave.) 5:30 to 8:30 p.m. Join the East Whittier Lions for a wine tasting event with appetizers, raffle prizes, a silent auction and much more! \$55 per ticket or \$100 for two. For more information call (562) 201-1941

FEB 26

SCORE Consultations @ The Whittier Chamber Office (8158 Painter Ave.) 9 a.m. to 12 p.m. SCORE mentors will help you and your business open new markets, reach new customers, and achieve new goals. By appointment only. FREE. To make an appointment call (626) 593-1120.

Tasty Tuesday @ La Casita Olvera (16258 Whittier Blvd.) 11:30 a.m. to 1 p.m. Enjoy business networking and great food! \$10 pre-registration; \$15 at the door; \$20 for non-members. For more information, visit www.whittierchamber.com.

FEB 27

Sexual Harassment Prevention Training @ Parnell Park (15390 Lambert Rd.) 8 a.m. to 12 p.m. This on-site training will be conducted by an experienced sexual harassment instructor and investigator who will provide an overview of the prohibitions against harassment, discrimination, and retaliation under state and federal law. Prices vary, contact the Whittier Chamber (562) 688-8554 for more information or register online at whittierchamber.com

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WAKE UP WHITTIER



Whittier Chamber Board President Gary Lee Martinez with The Traveling Traveler thanks Rio Hondo College President/Superintendent Teresa Dreyfuss for hosting another successful networking breakfast on behalf of the Chamber



The Shelter's Right Hand-Auxiliary to The Women's & Children's Crisis Shelter celebrates 25 years as a Whittier Chamber member with a certificate from Board President, Gary Lee Martinez



Gary Lee Martinez, Whittier Chamber Board President presents Shannon Gimbel-Hammer from Shannon G's Flowers, Party Planning, Gifts & More a certificate celebrating 15 years as a Whittier Chamber member



Kim Praster from The Skin Room accepts a certificate celebrating 5 years as a Whittier Chamber member



The Chamber congratulates the Assistance League of Whittier on 15 years as a Whittier Chamber member



Whittier City Police Officers attend Wake Up Whittier in support of the 21st Annual Silver Shields Awards Banquet



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Whittier Chamber Ambassadors are a team of enthusiastic, highly visible, prestigious volunteers who play an essential role in member recruitment, communication and retention.

AMBASSADOR APPLICATIONS ARE BEING ACCEPTED DURING THE MONTH OF FEBRUARY

If you are energetic, dependable, outgoing, responsible and have a desire to increase your visibility in the community, we encourage you to apply to be a Whittier Chamber Ambassador!

For more information call 562 698-9554 or email info@whittlerchamber.com













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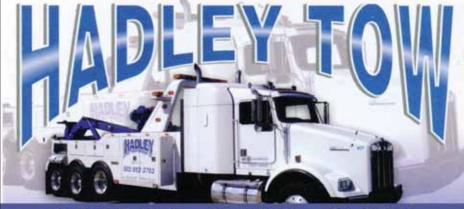
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LABOR LAW



How to allow employees to take vacation before accruing the time

By David Leporiere, Cal Chamber Alert

I want my employees to have 10 days of vacation each year, but I don't want them to have to wait to use it while it accrues. Can I just give them a lump sum of 10 days of vacation at the beginning of each year?

In 1982, the California Supreme Court issued its decision in the case of Suastez v. Plastic Dress-up Co. (31 Cal 3d 774).

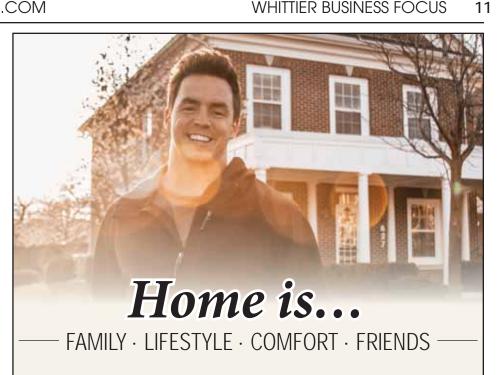
In that case, the court held that vacation entitlements constitute deferred wages which vest as they are earned, and any entitlement to vacation is a proportionate right and vests as labor is rendered (Division of Labor Standards Enforcement Policies and Interpretations Manual, Section 15.1.1).

Since that time, the State of California has taken the position that vacation benefits may be provided only on an accrual basis, and not in a lump sum format.

If you don't want to make your employees wait to use their vacation until it has fully accrued, you can allow them to take the time off before the entire yearly amount has accrued. You can allow the employees to take more paid vacation time off than they have accrued, which would result in a negative balance in their vacation account. You can set a limit on how far into the negative you will allow an employee to go before he/she can no longer take paid time off.

If the employee has a negative balance, that amount will shrink as the employee works throughout the year, and it will eventually return to a positive balance, provided the employee does not leave his/her employment while having a negative balance in his/her account.

If the employee's employment ends while he/she has a negative vacation balance, you are entitled to recover the value of that vacation that was advanced; however, it cannot be done through a payroll deduction.





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Say Cheese Photography - Photography • The 6740 - Officer Appreciation Gifts



AROUND TOWN

5K Walk in Uptown Whittier to benefit victims of domestic violence

Shelter's Right Hand 23rd Annual "Stepping Out Against Domestic Violence" 5K Fitness Walk to benefit the Women's and Children's Crisis Shelter. On April 13, 2019, hundreds of community members and Honorary Chairperson, Debi Crawford, are expected to step out in support of victims of domestic violence. From Central Park, walkers will follow a 3.1 mile scenic walk through historic residential and business districts of Uptown Whittier.

The Shelter's Right Hand is pleased

Registration is underway for the to announce that Crawford's Putty and Janice Hahn Fourth District, County of Los Angeles are the presenting sponsors of the Walk. Generous grants from these sponsors make it possible for all entry fees, sponsorships, and individual donations to go directly to the Women's and Children's Crisis Shelter.

> For registration and event information, visit the Shelter's Right Hand website at www.sheltersrighthand.org. Donations to benefit the Women's and Children's Crisis Shelter are payable to Shelter's Right Hand, P.O. Box 9304, Whittier, CA 90608.

Hillcrest Festival celebrating its 59th year

Hillcrest Festival of Fine Arts will be celebrating its 59th year February 22-24, 2019 at Hillcrest Congregational Church in La Habra Heights. Nearly two hundred artists will be exhibiting and selling their artwork, and many artists will be demonstrating their artistic skills during the festival. In addition, there will be free art workshops for children on Saturday and Sunday, and festival attendees can browse, shop, enjoy free musical entertainment, and have lunch or a snack at the Starving Artist Café.

Admission and parking for the festival is free to all attendees. Festival hours are 10:00 am - 5:00 pm on Friday and Saturday, and 11:30 am - 5:00 pm on Sunday. For more information visit hillcrestfestivaloffinearts.com.

The Whittier Art Gallery's February Display

month long. From February 6-9, 2019 you can view My Quilt Studio, 3rd Exhibition, a showcase for 12 dedicated quilters. Learn the history behind quilts and how they were never considered fine art. From February 13-23, 2019 you Gallery at (562) 698-8710.

This month at The Whittier Art Gallery can find Beloved Journey: Paintings by you can find two great displays all Francisca which includes fine paintings in watercolor, collage, acrylic, pastel and oil. The public is invited to a reception for this artist on Saturday, February 16 at 5 p.m. For more information on these displays or the reception, please call the

8:30A - 8:30P 8:30A - 3:00P TUES & WED THURS. 8:30A - 8:30P 2/14 THURS. 8:30A - 9:30P FRI & SAT 8:30A - 10:00P SUNDAY 9:00A - 3:00P FRIDAY & SATURDAY 4PM TO 7PM WINE \$5 GLASS • KRONENBOURG BEER \$4 ASK US ABOUT OUR WINE TASTING! Sweet make Meals for two just \$48 cozy . Reservations! JOIN US FRIDAY NIGHTS 7:00 - 9:00 PM WITH azz o Trios SATURDAY NIGHTS LIVE MUSIC 7:00 - 9:00 PM CHECK CALENDAR HENRY CADMAN • SUMMER WOODS

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Spring job, internship and resource fair

The Center for Career and Re-Entry Services at Rio Hondo College cordially invites you to participate in their Spring Job, Internship and Resource Fair on Wednesday, April 17, 2019 from 10:00 a.m. to 2:00 p.m. This event will allow students to network with recruiters to discuss employment and internship opportunities. The participation fee is \$120 for one recruiter and \$15 for each additional recruiter. After March 31st, registration will increase to \$130.00.

The registration fee includes the opportunity to meet and talk with students, continental breakfast and lunch, table with chairs, canopies will not be guaranteed (we have limited number of canopies available, we ask if you have one to please bring it) and free parking. To register as an employer and more information, please visit whittierchamber.com under Member News for full details.

Boys & Girls Clubs of Whittier to name Youth of the Year on February 7th, 2019

Hills Memorial Park and Mortuaries is a cornerstone of the Boys & Girls Clubs of Whittier experience. It celebrates youth who have overcome enormous odds and demonstrated exceptional character and accomplishments. This year, Samantha G. (Whittier High School), Arianna C. (Whittier High School), Maricruz P. (El Rancho High School) and Kaylene R. (La Serna High School) will compete to be named Youth of the Year.

The winner will be announced on Member News.

Youth of the Year presented by Rose February 7th, 2019 at the Ruth B. Shannon Center at Whittier College. Event begins at 6 p.m. for hor d'oeuvres and ceremony begins at 7 p.m. Winner of the first round will move forward to Los Angeles competition with the chance of being named Los Angeles County Youth of the Year. Tickets are available online at www.bgcw.org or by contacting Wendy Murrietta at (562) 945-3787 ext. 114. For the full story, visit whittierchamber.com under

Whittier High School Theatre Company Spring Musical

The Whittier High School Theatre Co. is staging its spring musical, The Drowsy Chaperone on March 14-16 and are asking the community for assistance. There are several different ways to support the production, purchase tickets to attend the performance, sponsor a cast or crew member, purchase advertisement space in their program, donate prizes for their silent auction or make a cash donation. If you are interested in donating, please contact Whittier High School at (562) 698-8121 x2010.

START SAVING NOW!! **CALL TODAY!!**



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RUTH B. SHANNON CENTER FOR THE PERFORMING ARTS



STAN RIDGWAY

Sat., Feb. 2 at 7:30 pm



CHARLES PHOENIX

Sat., Feb. 9 at 7:30 pm



THE FELICI PIANO TRIO

Sun., Feb. 17 at 2:00 pm

FIND MORE EVENTS AT SHANNONCENTER.ORG (562) 907-4203

RENEWING MEMBERS

Thanks to the following members for renewing their Chamber membership and for supporting our efforts to build a strong local economy

A Plus Advanced Tinting, Inc. (310) 889-4591

Advanced Benefit Center (562) 947-0625

Bewley, Lassleben & Miller, LLP (562) 698-9771

Birt, Cindy

Blake P. Sanborn **Insurance Agency, Inc.** (562) 943-7174

Bob & Dave's Towing Inc. (562) 693-9596

> **Bridge of Faith** (562) 322-5265

Brookdale Uptown Whittier (562) 945-3904

> **California Arborist** (562) 698-3280

Dr. Lili Mirtorabi & Associates (562) 325-5404

Harrison Electric & Solar (562) 695-8321

Hart & Vandenberg, CPA's (562) 945-2821

J.R. Howard Enterprises, LTD (626) 961-9651

> L.E.A.R.N. (562) 945-0150

Law Office of Robert L. Haendiges (562) 947-7758

> M & M Glass, Inc. (562) 945-6212

Ocean Honda of Whittier (562) 280-2838

Pip Printing & Marketing Services (562) 921-5188

Poolsaad Family Vision Optometry (562) 945-7300

Salvation Army Whittier Corps (562) 698-8348

Shannon, Ruth B.

Sir Speedy Printing Center (562) 698-7513

SKILLS Organization (562) 325-5620

Socal Post-Acute Care (562) 698-0451

Stone, Dr. Barbara S.

Tanabe, Theodore A., D.D.S. (562) 698-0387

Town House of Whittier (562) 236-9069

West Coast Arborists, Inc. (714) 991-1900

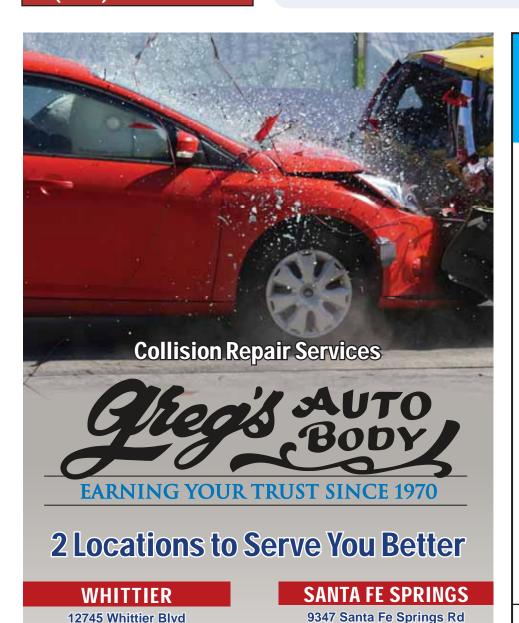
> Whittier College (562) 907-5043

Whittier Elementary Teachers Assn. (562) 693-8411

> **Whittier Hearing Center** (562) 698-0581

Whittier High School Alumni Assoc. (562) 698-8121 X1227

Whittier Union High School District (562) 698-8121 X1000



NO MORE PAIN!

Breakthrough Treatment Now Available In Whittier



Whittier, CA - Imagine forty years ago if you were told that lasers would replace scalpels in surgery or that robotic instruments would build cars; you may not have believed it. By the same token, would you believe that chiropractic treatments could be performed using a special hand-held instrument developed by NASA scientists; all while you were sitting in an upright position without any turning or twisting

According to Dr. Yani Feliciano, "This new form of computerized treatment is so gentle and effective, that it truly amazes even the most skeptical patients. It's called the Ultralign and it's the newest version of the Proadjuster which is the latest, stateof-the-art technology in existence today, and the only one in Whittier."

This technology can safely and gently analyze and treat the spine and other joints to remove the nerve impingement that is often the cause of pains in the low back, neck, shoulders and elsewhere in the body. It also works on a variety of muscular conditions to loosen tight muscles with ease and comfort. Many patients say that it's like getting a mini-massage. Even patients with knee, hip and foot problems such as plantar fascitis are being helped. It is also covered by most insurance companies including Medicare.

Dr. Yani says that "The secret to this technology lies in its ability to deliver an extremely precise and gentle adjustment." She says that, "Even though traditional forms of adjusting

also work, people are drawn to this new technique because of how gentle it is and does not involve any twisting, especially in the neck. Many people like getting adjusted with traditional manual techniques, all of which are safe and effective. But there are

a large number of people who never get to experience the amazing benefits of chiropractic because they are scared to have their spines adjusted in that way," says Dr. Yani. Now, there is no longer a reason to be wary

This technology is perfect for anyone who has been thinking about going to a chiropractor, but hasn't yet made that decision. Dr. Yani wants everyone to be able to experience these same benefits and if you have nerve interference causing any of the following conditions, the Ultralign and our wellness protocols may be the answer you've been looking for..

- Low back pain Scoliosis
- Sciatic pain
- TMJ Problems Planter Fascitis
 Knee or hip pain
- Fibromvalgia Sports İnjuries
- Neck & Shoulder pain
 Poor Circulation
 - High Cholesterol
 - High Blood Pressure
- Diabetes Computer guided treatment is consistent, measurable and extremely gentle. Call Isabel at our office today and mention

this article to receive a FREE analysis to pin-point your problem areas and to see how we can help. You will also receive an examination that can show the areas of your stress and how it's affecting your body for only \$89 (reg. \$250). If you are not completely delighted with the services, you pay nothing! This technological marvel can help you return to a healthier lifestyle. You may no longer have to live with a persistent, painful condition. Call (562) 698-1275 today!

"When Dr. Yani and I went over my X-rays I was afraid I would need surgery on my neck. She reassured me that she could help me. I did exactly wha Dr. Yani instructed me to do at home...icing my upper back and daily stretches. I truly believe that with the Proadjuster and Dr. Yani's help was able to feel like my old self again. I can't believe how fast I felt the improvement and I'm even sleeping better too. I'm so happy! Thank you again Dr. Yani for all that you do for your patients.

- Veronica Hernande.



For more information, please contact Dr. Yani Feliciano at: Friends Chiropractic

6736 Friends Avenue Whittier, CA 90601 Tel (562) 698-1275 www.proadjusterchiropractic.net







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AkzoNobel



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M-F 8-5:00





JOIN ME IN BECOMING A CHAMBER MEMBER

TESTIMONIAL



I joined the Whittier Chamber in July of 2018 because it is one of the best and most effective ways to network with local business owners and community leaders. Since joining the Whittier Chamber has been very supportive, not only by providing several regular networking events but also in helping to promote my business. Every local business should consider joining the Chamber. Your returns will significantly exceed your investment.



Congratulations to our Milestone Members this month!

Thanks to the following businesses that have been partners with the Whittier Chamber in helping to create a thriving economy.

5 years:

American First Credit Union (562) 237-5073

20 years:

Nordbak's Promotional Products (562) 905-6004

Uptown Flooring & Design, Inc. (562) 945-4407

25 years:

Office Depot (562) 693-2990

35 years:

California Domestic Water Co. (562) 947-3811

15 Reasons You Should Join the **Whittier Chamber of Commerce**

Have you considered joining the Whittier Chamber? Are you wondering if it's worth the investment? Or maybe you haven't considered it at all because you think it's the kind of thing that only 5. insurance agents do. Maybe you think your business is too small or chamber membership isn't necessary in today's world. Before we get into why you should have a chamber membership for your business, it's important to know that the Whittier Chamber and all chambers of commerce- on a local, state, and national level are advocating for your business (and 6. other businesses in their area) even if you never join the chamber. Chambers have a legislative agenda that reflects the needs of businesses in their area. 7. This advocacy is happening on your behalf at no cost to you. However, if you want your specific concerns and voice to be heard, being a member is a good way to do this.

Besides being an advocate for 8. business, why should you join the chamber, and does it make sense for your business? You can decide after understanding some of the benefits of joining the chamber. While specific 9. Will be included in the Chamber's benefits vary by chamber of commerce, with membership at the Whittier 10. Are able to get great exposure for Chamber you:

- 1. Are part of a like-minded group dedicated to helping business
- 2. Are able to seek assistance or 11. Will get seen in the Chamber's mentorship from established business people.
- Can advise the chamber of the needs of your particular industry
- Can host a meeting at the chamber

good benefit for new businesses and entrepreneurs who work from their homes but need an office or meeting space

- Will be made aware of legislative issues facing your business. There's a lot that goes on in the local, state, and federal levels, too much for the average business owner to track on their own. The chamber will help keep you informed about issues that could affect you like taxation, legalization, and permitting issues
- May be a part of free "How To's" and other learning session topics to help your business-like workplace safety or employment law changes Might be able to lead a session in your area of expertise to better position yourself as an industry expert and put you in contact with the types of people who need your business or service
- Are eligible to be a part of a ribboncutting ceremony. Chambers may also help with other special business milestones like anniversaries and expansions.
- shop local campaigns
- your business on the Chamber's website with a complimentary listing
- Business Directory. The Whittier Chamber has online and printed forms of online directories that may help your business get more traffic and customers
- office (for a small fee). This is a 12. Will benefit from the Chamber



ELECTRONIC SALES & SERVICE

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15

Inline Electronics provides cost effective solutions for all your security system needs. With over fifteen years of experience in installing surveillance cameras they want to offer consumers an expert and reliable source to suit their security needs. Inline Electronics takes pride in providing their customers with the information they need in choosing a surveillance system and peace of mind that they have local support if any questions or issues should arise.

NETWORKING GROUPS

LA/OC Latin Professionals

Yvonne Alfaro Whittier, CA

Phone: (562) 706-7736

Email: 1agentalfaro@gmail.com



LA/OC Latin Professionals mission is to assist and support all small businesses by forming a strong organization that empowers each and every business as well as the communities around them through a united standard of ethics, honesty, integrity, hard work, and self worth. They are always helping each other through referrals to assist others and their businesses as well. "Unidos hacemos la diferencia".

RESTAURANTS

Alondra Hot Wings

Garo Kazarian 13205 Whittier Blvd. Unit 8 Whittier, CA 90602 Phone: (562) 236-5300

Email: garok@myworldenterprises.com

Website: www.lovealondras.com



Alondra Hot Wings has been a consistent LA staple since 2002. Specializing in providing its guests with the best wings, custom baked artisan pizza, craft fries, signature salads and sides. Always using fresh premium ingredients, Alondra's hand crafts all is signature flavors in house every day.

Jimmy John's

Cameron Mahdad 12376 Washington Blvd. Ste. D

Whittier, CA 90606 Phone: (562) 273-5575

Email: jimmyjohns3992@gmail.com



Jimmy John's spends 6 hours slicing and baking every day to make tasty sandwiches in just 30 seconds or less - that's Freaky Fast!® All-natural meats and fresh veggies are hand-sliced daily, and homemade bread is baked fresh all day, every day. If you need delivery, Jimmy John's has you covered. (They'll even deliver one sandwich!) Founded by Jimmy John Liautaud in 1983 in Charleston, IL, Jimmy John's has more than 2,800 locations across the country.

being a resource for the community. If you'd like help connecting to a certain part or person within the community, the Chamber may just be able to help

- 13. Access to online resources. The Chamber has free webinars and employees
- 14. Will benefit from an experienced staff of 6 who can help you customize a marketing plan that fits your needs and budget
- 15. Will likely receive referrals from the Chamber. You'd be surprised how

many people contact the Chamber for opinions on local businesses. You have local citizens and travelers who see the Whittier Chamber as a reliable source for information

If you have a business need, it's resources available to you and your likely the Whittier Chamber can help you in some way. They'll either be able to provide direct solutions or connect you with others who can help you solve your business challenges.

Are you in? Call the Whittier Chamber today to sign up and start enjoying the benefits of membership!



(562) 698-9554 or • www.whittierchamber.com.











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Don Roberto's Jewelers • Famous Footwear • Fantastic Sam's • Fashion Q
GameStop • GNC • G-Stage • H&R Block • Hawaiian Island BBQ • HeaRx
Maki Yaki Japanese Grill • Marshalls • Maya Threading and Beauty • Michaels
Natalie's Nails & Spa • N2 Nitrogen Ice Cream • Petco • Rite Aid • Ross Dress for Less
Rubi's Frosty Freeze • Sally Beauty Supply • Sprint • Staples • Subway • T-Mobile
The Avenue • The Olive Garden • The Quad Cleaners • The UPS Store • TJ Maxx
Vallarta Supermarkets • Weight Watchers • Yogurtland

COMING IN EARLY 2019 - SCHOOLSFIRST FEDERAL CREDIT UNION